

**2023 U.S. Masters Swimming 3000 Virtual Championship**  
**Women's Relays (3 Swimmers)**

Age Group	Place	Club Name	Total Time	First Name	Last Name	Age	Club	Ind Time	USMS Record
18+	1	The Olympic Club	1:52:42.69	Lauren	Green	24	TOC	37:44.18	
				Allison	Arnold	31	TOC	33:57.25	
				Laureen	Welting	58	TOC	41:01.26	
25+	1	Oregon Masters	1:56:14.81	Ilsa	Feierabend	31	OREG	38:08.89	
				Lex	Higlett	40	OREG	37:14.04	
				Colette	Crabbe	67	OREG	40:51.88	
25+	2	Illinois Masters	1:59:00.48	Julia	Green	25	IM	39:49.00	
				Stephanie	Henry	49	IM	38:47.35	
				Marcia	Cleveland	59	IM	40:24.13	
25+	3	New England Masters Swim Club	2:02:21.29	Rachel	Reynolds	32	NEM	39:31.26	
				Monica	Foley	38	NEM	38:57.03	
				Janelle	Guyot	43	NEM	43:53.00	
35+	1	St Pete Masters	1:52:25.08	Allison	Retotar	36	SPM	37:29.14	
				Stephanie	Gibson	40	SPM	38:31.42	
				Alison	Hayden	52	SPM	36:24.52	
35+	2	St Pete Masters	2:08:19.48	Sarah	Swoch	38	SPM	38:47.38	
				Dawn	Clark	59	SPM	44:12.00	
				Sharon	Steinmann	65	SPM	45:20.10	
35+	3	Illinois Masters	2:21:18.73	Sarah	Blanck	41	IM	45:18.54	
				Amanda	Castle	48	IM	46:53.53	
				Tina	Calub	50	IM	49:06.66	
35+	4	Colorado Masters Swimming	2:22:05.00	Nicole	Rivers	38	CMS	48:07.18	
				Angie	Liddle	43	CMS	45:28.83	
				Amy	Dellwardt	52	CMS	48:28.99	
35+	5	Connecticut Masters	2:49:01.32	Sarah Jody Jill	Perkins	39	CONN	1:16:47.79	
				Jody	Clouse	46	CONN	49:15.85	
				Jill	Looney	57	CONN	42:57.68	
45+	1	New England Masters Swim Club	2:03:45.89	Kysa	Crusco	47	NEM	41:02.24	
				Charlotte	Brynn	57	NEM	39:35.65	
				Leslie	Craven	64	NEM	43:08.00	
45+	2	Illinois Masters	2:08:26.51	Sandra	Dold	49	IM	42:34.18	
				Lynne	Nagel	52	IM	42:51.58	
				Karen	Lundgren	59	IM	43:00.75	
45+	3	Palm Beach Masters	2:16:58.78	Suzanne	Dearworth	51	PBM	40:47.80	
				Cathy	Goodwin	58	PBM	50:59.99	
				Catherine	Rust	70	PBM	45:10.99	
45+	4	Andrew and Walter Young YMCA Masters Swim Team	3:31:49.48	R	Hicks	53	AWYY	1:12:30.00	
				DeLise	Colemen	62	AWYY	1:04:45.48	
				Francine	Greer	74	AWYY	1:14:34.00	
45+	5	Andrew and Walter Young YMCA Masters Swim Team	5:47:41.00	Heidi	Lovett	52	AWYY	1:56:16.00	
				Janice	Miller	64	AWYY	1:55:04.00	
				Carol	Anderson	67	AWYY	1:56:21.00	
55+	1	Oregon Masters	2:26:45.53	Suzanne	Schlosberg	56	OREG	49:33.99	
				Arlene	Delmage	61	OREG	41:17.55	
				Susan	White	68	OREG	55:53.99	
55+	2	Freedom Aquatic Club	2:43:27.39	Marilyn	Lipstreuer	57	FAFC	45:11.00	
				Duk	RO	64	FAFC	1:10:09.78	
				Carol Lynn	Calobong-Pierce	66	FAFC	48:06.61	
55+	3	Andrew and Walter Young YMCA Masters Swim Team	4:15:57.00	Donna	Fialkowski	57	AWYY	1:28:46.00	
				Janelle	Alexander-Sumpter	61	AWYY	1:29:16.00	
				Melanie	Reed	66	AWYY	1:17:55.00	
65+	1	Palm Beach Masters	2:41:09.56	Tamara	Burton	65	PBM	43:10.00	
				Karen	Lewin	67	PBM	1:05:21.57	
				Janet	Siniscalchi	67	PBM	52:37.99	

65+	2	Andrew and Walter Young	5:24:15.22	Tawana	Miller	68	AWYY	1:51:21.39	
		YMCA Masters Swim		Antionette	McGlasker	69	AWYY	1:48:40.83	
		Team		Julie	Walker	68	AWYY	1:44:13.00	
75+	1	Oregon Masters	3:16:03.30	Ginger	Pierson	77	OREG	1:08:30.31	Y
				Janet	Gettling	75	OREG	55:34.99	
				Judy	Zierner	79	OREG	1:11:58.00	